



# **The Validation Breakthrough: Simple Techniques for Communicating with People with Alzheimer's and Other Dementias**

*Naomi Feil, Vicki de Klerk-Rubin*

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“Naomi Feil and Vicki de Klerk-Rubin present an artful, sensitive, and caring intervention approach to working with confused and disoriented older adults. The case studies and examples are rich with insight and provide clear examples of techniques that may be used. The approach is empowering to older adults and to their caregivers.”—Harvey L. Sterns, Ph.D., Director, Institute for Life-Span Development and Gerontology, The University of Akron “As an organization we have a goal to spread the message about Validation Therapy and provide training so that people with the disease can receive the care that they deserve.”—Wayne Olson, Senior Vice President of Healthcare Operations, Volunteers of America “Validation can and does help individuals with agitation and aggressive behavior. This book gives you the approach, the tools, and the opportunity for healing. I highly recommend it to my medical colleagues and all those caring for individuals with Alzheimer's or other dementias.”—Craig P. Solberg, MD, HealthEast Medical Care for Seniors, St. Paul, Minnesota Join the 10,000+ agencies in over 16 countries that are successfully implementing the Validation method in their organizations and start changing how you care for individuals with dementia today! Since its introduction in 1989, Validation has been an effective method of communication that can alleviate distressing behaviors caused by Alzheimer's-type dementia. The Validation Breakthrough—a 2003 Bronze Award Winner of the National Mature Media Awards—has helped thousands of professional and family caregivers improve their relationships with residents and loved ones with dementia. In the third edition, you'll learn about the Validation method and how to implement it in your own care setting through new vignettes told by trainers from Authorized Validation Organizations around the world.

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