



Nati per evolvere (Saggistica) (Italian Edition)

Stefano Pischiutta

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Il testo ripercorre le tappe più significative del pensiero psicologico e psicoterapeutico, ponendole in rapporto con le tappe evolutive che la persona attraversa lungo il suo percorso di vita.

La psicologia e le correnti psicoterapiche hanno svelato gradualmente le dinamiche e i meccanismi che guidano e accompagnano l'esperienza psicologica umana.

Con l'avvento della visione integrale, introdotta da Ken Wilber negli Stati Uniti e portata avanti da Laura Boggio Gilot in Italia, si sono aperte nuove prospettive in grado di dare delle risposte concrete alle tematiche dell'uomo di oggi e ai suoi arresti evolutivi.

Il testo ha carattere propedeutico e il suo obiettivo principale è quello di avvicinare il lettore a testi specifici del settore, più completi e impegnativi. Idealmente, si colloca a metà strada tra il testo divulgativo e il testo scientifico. Pur rivolgendosi principalmente agli studenti di psicologia, delle discipline della formazione e dell'educazione, e a tutti gli operatori della salute (psicologi, psichiatri, medici, infermieri, educatori), il libro è fruibile anche da lettori interessati alla materia.

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