



# **Glaucoma The Complete Guide: The Definitive Guide To Managing Your Condition And Saving Your Sight**

*Tina Wong*

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## **Glaucoma The Complete Guide: The Definitive Guide To Managing Your Condition And Saving Your Sight** Tina Wong

GLAUCOMA IS THE NO.1 CAUSE OF IRREVERSIBLE BLINDNESS WORLDWIDE Glaucoma can strike anyone at any age. Affecting up to 70 million people, in many countries 90% of sufferers do not even know they have this devastating condition. Do you or does someone you love have glaucoma? If you are diagnosed with glaucoma, a lifelong condition, it can be both shocking and depressing. Accurate, up to date medical information is crucial to making informed decisions about your treatment. This landmark book stands out as both authoritative and readable. It provides in one place the critical information necessary to help you understand your condition. Through 23 chapters one of the world's leading glaucoma experts helps you navigate through glaucoma, from diagnosis to the many treatment options, in easy to read, plain language. Learn about the following: • Over a Dozen Types of Glaucoma: which treatments are more effective for each? • 14 Major Risk Factors: including age, gender, eyesight and ethnicity. Are you at risk? • Common Myths About Glaucoma: which are true or false? • How Often Should You Be Screened? And confirm you are being tested correctly. • Glaucoma in Children and Infants: with a list of warning signs to look out for. • Details of over 15 Surgical Procedures for Glaucoma: their advantages and disadvantages. Which option suits you best? Should you consider surgery earlier or later? • 40 Different Glaucoma Drugs: know the potential side effects and contraindications. • Pregnancy, LASIK, Cataracts: glaucoma's implications on these and other issues. • Complementary & Alternative Medicine • Lifestyle: can exercise, nutrition or quitting smoking help your condition? • Living With Low Vision: 5 chapters of practical, useful tips to ensure that everyday living continues as easily as possible, including an invaluable chapter on guidance for friends and family.

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