



Seeking Happily Ever After: Navigating the Ups and Downs of Being Single Without Losing Your Mind(and Finding Lasting Love Along the Way)

Michelle Cove

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The ultimate antidote to negative dating guides, this practical, positive book helps single women figure out and achieve their personal goals for their romantic futures.

Singleness is no longer a quick blip on the radar of our lives; for more and more of us, singleness is a bona fide life stage, with its own joys and challenges. Positive and uplifting, *Seeking Happily Ever After* is the first true road map to that life stage for women- a guide to navigating the ups and downs and developing a plan for understanding and achieving your own romantic goals.

Seeking Happily Ever After offers individualized advice for twelve different "types" of single women-from women who've spent their whole life dreaming of a perfect wedding to those who have always assumed they would marry young but are now unsure-and many more. Filled with exercises and "action items" to help the reader clarify her thinking, *Seeking Happily Ever After* covers topics both large and small in a single woman's life, including:

-How to cut through the noise of media, family, and friends and understand what kind of relationship and partner you truly want.

-How to not put off starting your "real life" until you couple up.

-How to keep from beating yourself up about not having reached your romantic goals.

"Happily ever after" means something different to everyone, and this book gives any woman the tools to understand and achieve her own vision of the good life.

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