



Sustainable Medicine: whistle-blowing on 21st century medical practice

Sarah Myhill

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This life-changing book is based on the essential premise that Modern Western Medicine, driven by vested interests, is failing to address the root causes of disease processes. Symptom-suppressing medication and poly-pharmacy are resulting in an escalation of disease and a system of so-called "€health care"€™ which is not sustainable. In Sustainable Medicine Dr Sarah Myhill aims to empower people to heal themselves through addressing the underlying causes of their diseases. She presents a logical progression from symptoms to identifying the underlying mechanisms, to the relevant interventions, tests and tools with which to tackle the root causes of their symptoms.

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