



NABC Drill Book: 1

Jerry Krause

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The National Association of Basketball Coaches (NABC) has long been respected as the premier coaching organization of the sport, and its membership includes some of the most illustrious figures and foremost teachers in basketball history. *NABC Drill Book, Volume I* contains over 100 of the best drills for improving a team's offense and defense -- including improving transitions between the two. Included here are drills from the following great teachers of the game:

- Bob Knight
- Pete Newell
- John Wooden
- Mike Krzyzewski
- Roy Williams
- Tex Winter
- Dave Odom
- Rick Samuels
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