

# Hap Ki Do: The Korean Art of Self Defense

Master Hui Son Choe



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The Korean Art of Self Defense. A fully illustrated book on the Martial Art of Hap Ki Do. Filled with over 400 photographs. Designed to show Hap Ki Do in a easy to follow step by step method for the beginner. Included are close-up photos of various wristlocks, arrows to show certain steps and minimal wording on the steps, to make this book very easy to follow. The large format (8.5 x 11) also makes this book easy to read and handle.

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