



All Of Me: My Story

Claire Richards

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Claire Richards is loved by women everywhere for her warm and genuine personality. Now she writes honestly about her life, taking us from the bullied schoolgirl who dreamed of performing at Wembley to finding stardom with Steps. She reveals the secrets of the music industry and what it's really like to be in a band at the top of their career, from the unhealthy pressure to stay thin to the backstage rows. She describes how the stress of her affair caused her to starve herself, and explains why she and fellow bandmate H controversially resigned.

Claire also opens up about why her first marriage to Steps dancer Mark didn't last, her dramatic weight gain and years of yo-yo dieting as she battled low self-esteem, and how she found happiness with second husband Reece and their two children Charlie and Daisy. And she takes us behind the scenes of the Steps reunion tour as old issues rose to the surface. Entertaining, touching and funny, this is sure to appeal to Claire's many fans.

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