

You and Your Adolescent, New and Revised edition: The Essential Guide for Ages 10-25

Laurence Steinberg

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"Relax! The horror stories you have heard about adolescence are false."

This is Dr. Laurence Steinberg's reassuring message to parents in this newly revised edition of his classic book *You and Your Adolescent*, which *Publishers Weekly* says is "filled with solid advice for the parents of adolescents." Among the new topics in this updated edition:

- * An expanded definition of adolescence to age 25, recognizing that college graduates often remain dependent on their parents for an extended period, creating a new parent-child dynamic
- * A discussion of social media that addresses whether parents of preteens and young teens should monitor use of these new communication tools
- * What new research into the adolescent brain tells us about teenage behavior

As Dr. Steinberg writes, "Most books written for parents of teenagers were survival guides (many still are). Nowadays, adolescence is too long—15 years in some families—for mere survival. Knowledge, not fortitude, is what today's parents need. That's where this book comes in."



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Alma Rasmussen:

This You and Your Adolescent, New and Revised edition: The Essential Guide for Ages 10-25 are generally reliable for you who want to become a successful person, why. The explanation of this You and Your Adolescent, New and Revised edition: The Essential Guide for Ages 10-25 can be one of many great books you must have is definitely giving you more than just simple reading through food but feed anyone with information that maybe will shock your previous knowledge. This book will be handy, you can bring it everywhere and whenever your conditions both in e-book and printed kinds. Beside that this You and Your Adolescent, New and Revised edition: The Essential Guide for Ages 10-25 forcing you to have an enormous of experience including rich vocabulary, giving you test of critical thinking that could it useful in your day pastime. So, let's have it and revel in reading.

Phyllis Sharrow:

Are you kind of occupied person, only have 10 or 15 minute in your day time to upgrading your mind ability or thinking skill perhaps analytical thinking? Then you are receiving problem with the book in comparison with can satisfy your small amount of time to read it because all this time you only find publication that need more time to be learn. You and Your Adolescent, New and Revised edition: The Essential Guide for Ages 10-25 can be your answer given it can be read by a person who have those short free time problems.

Linda Bryant:

What is your hobby? Have you heard in which question when you got learners? We believe that that problem was given by teacher on their students. Many kinds of hobby, Every individual has different hobby. And you know that little person including reading or as looking at become their hobby. You should know that reading is very important along with book as to be the factor. Book is important thing to include you knowledge, except your own teacher or lecturer. You find good news or update about something by book. Numerous books that can you choose to adopt be your object. One of them are these claims You and Your Adolescent, New and Revised edition: The Essential Guide for Ages 10-25.

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