



Ellsworth Mountains - Mountaineering in Antarctica: Travel Guide

Damien Gildea

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A beautiful work dedicated to mountain addicts and to amateurs who like to travel far from home!

Climbing Antarctica is a unique experience. It is a dream that only few mountaineers have had the privilege to fulfill and that you can now skim, thanks to this very nice book, richly illustrated and remarkably documented.

Damien Gildea will let you get be dragged into the rich history of Antarctica mountaineering adventure, from the first explorations in the 19th century until the achievements of today extreme climbers. He will lead you at the very heart of the most impressive and remote mountains of the South Pole...

Discovering the incredible Antarctica Mountains, emerging from the white hugeness, will let more than one reader speechless. It is hard to figure out that we are still on Earth !

In this volume you can find all the information about the Ellsworth Mountains.

This book is an absolute must-have for all climbers and travellers!

ABOUT THE AUTHOR

Damien Gidea is a polar mountaineer and explorer. He successfully led seven expeditions in the highest Antarctica Mountains, from 2001 to 2008. He is the author of the book entitled *Antarctic Mountaineering Chronology*, published in 1998, and of detailed topographical maps of the Livingston Island (2004) and Vinson Mountain (2006). His articles and photographs were published in many periodicals around the world, as the American Alpine Journal or the American magazine called *Alpinist*. He also led a skiing expedition to the South Pole and took part in several expeditions in the Himalayas, in Karakorum and in the Andes. When he is not exploring, Damien Gildea lives in Australia.

EXCERPT

The Ellsworth Mountains are comprised of two main ranges: the high Sentinel Range in the north and the lower Heritage Range in the south, with the two separated by the Minnesota Glacier that runs from west to east.

Sentinel range

The Sentinels stretch for almost 200 km like a long, jagged spine, with numerous rocky ridge shooting out to the side and sweeping down to the ice, unusually uniform in their appearance and spacing. In between these ridges lie many couloirs and big, mixed faces, some rising over 2000 m above the flat ice stretching out east and west.

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