



# The Winner's Guide to Optimist Sailing

*Gary Jobson, Kay Kehoe*

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Written by one of the best-known figures in all of sailing and a leading authority on Optimist sailing and racing, *The Winner's Guide to Optimist Sailing* is the ideal training manual for young skippers, their parents, and their coaches. The most comprehensive sailing guide to the International Optimist dinghy class features:

- Step-by-step instructions on every aspect of beginning sailing
- More than 100 stunning photographs and helpful illustrations
- Useful tips and winning tactics for competitive racing
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