



# **Dizzy: What You Need to Know About Managing and Treating Balance Disorders**

*Jack J. Wazen*

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**Dizzy: What You Need to Know About Managing and Treating Balance Disorders** Jack J. Wazen  
In *Dizzy*, Dr. Jack Wazen uncovers the root causes of this disabling, difficult-to-diagnose syndrome and shares the therapies and techniques that can return patients' lives to normal.

Recent statistics show that more than 90 million Americans will experience dizziness at some time during their lives. The good news is that 80 to 90 percent of sufferers can find relief. In this comprehensive guide, one of the nation's leading authorities on balance disorders tells the millions of sufferers what they can do to conquer dizziness—what it is, why they feel this way, and what they can do about it.

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