



Suicide Prevention (Psychology Briefs)

Kristine Bertini

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Suicide Prevention (Psychology Briefs) Kristine Bertini

Written by a clinical psychologist and illustrated with vignettes from the author's experience, this book offers a clear understanding of how suicidal thought develops, how we can help prevent death from suicide, and how suicidal people can recover and change their way of thinking.

- Presents practical information of critical importance that can help prevent death from suicide
- Specifically written to serve one of the highest risk and most vulnerable groups to suicide (youth ages 15–24) and provides them with information and resources to save lives
- Provides real hope and "a way out" to those feeling suicidal

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