



# Second Victim: Error, Guilt, Trauma, and Resilience

*Sidney Dekker*

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How do people cope with having "caused" a terrible accident? How do they cope when they survive and have to live with the consequences ever after? We tend to blame and forget professionals who cause incidents and accidents, but they are victims too. They are second victims whose experiences of an incident or adverse event can be as traumatic as that of the first victims'. Yet information on second victimhood and its relationship to safety, about what is known and what organizations might need to do, is difficult to find.

Thoroughly exploring an emerging topic with great relevance to safety culture, **Second Victim: Error, Guilt, Trauma, and Resilience** examines the lived experience of second victims. It goes through what we know about trauma, guilt, forgiveness, and injustice and how these might be felt by the second victim. The author discusses how to conduct investigations of incidents that do not alienate second victims or make them feel even worse. It explores the importance support and resilience and where the responsibilities for creating it may lie.

Drawing on his unique background as psychologist, airline pilot, and safety specialist, and his own experiences with helping second victims from a variety of backgrounds, Sidney Dekker has written a powerful, moving account of the experience of the second victim. It forms compelling reading for practitioners, risk managers, human resources managers, safety experts, mental health workers, regulators, the judiciary, and many other professionals. Dekker provides a strong theoretical background to promote understanding of the situation of the second victim and solid practical advice about how to deal with trauma that continues after an event leading to preventable harm or even avoidable death of a patient, consumer, or colleague.

Listen to Sidney Dekker speak about his book

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The actual book *Second Victim: Error, Guilt, Trauma, and Resilience* has a lot of details on it. So when you make sure to read this book you can get a lot of advantage. The book was written by the very famous author. This article's author makes some research just before writing this book. This specific book is very easy to read; you will get the point easily after reading this article book.

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People live in this new morning of lifestyle; always aim to and must have the extra time or they will get a wide range of stress from both day to day life and work. So, whenever we ask do people have free time, we will say absolutely indeed. People are human, not a robot. Then we question again, what kind of activity are there when the spare time is coming to anyone of course? Your answer will probably be unlimited. Right. Then do you try this one, reading books. It can be your alternative throughout spending your spare time; the particular book you have read is actually *Second Victim: Error, Guilt, Trauma, and Resilience*.

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As a college student, I exactly feel bored to help with reading. If their teacher requested them to go to the library in order to make a summary for some reserve, they are complained. Just tiny students that have reading's spirit or real their hobby. They just do what the teacher wants, like asked to the library. They go to the library right now but nothing reading seriously. Any student feels that reading through is not important, boring as well as can't see colorful pictures on there. Yeah, it is to be complicated. A book is very important in your case. As we know that on this era, many ways to get whatever you want. Likewise, word says, ways to reach Chinese's country. Therefore this *Second Victim: Error, Guilt, Trauma, and Resilience* can make you feel more interested to read.

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