



# One Good Deed: 365 Days of Trying to Be Just a Little Bit Better

*Erin McHugh*

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## **One Good Deed: 365 Days of Trying to Be Just a Little Bit Better** Erin McHugh

Erin McHugh had spent the better part of her adult life doing community work, but in more recent years, the minutiae of life and working as a bookseller kept her busy and away from those higher impulses. Then one day she learned a distant relative was actually going to be canonized. Was this a sign? What followed next was McHugh's sincere urge to recapture a sense of charity, and so she set out on her birthday to do one good deed every day for an entire year. Maybe she wouldn't be saving orphans from burning buildings, but she wanted to take one small, daily detour and make someone else's life just a little bit better. One Good Deed is the inspiring, smart, and frequently funny chronicle of that year, in which each page represents a day in McHugh's journey to reclaim the better part of herself, inspiring readers to do the same.

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