



What Your Doctor and Your Pastor Want You to Know about Depression

Dr. R Hunter, Dr. Victor Hunter

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Dr. Lanny Hunter and Rev. Victor L. Hunter write from the perspectives of their two disciplines (medicine and theology) to offer hope and guidance for the fight against depression. These brothers and coauthors draw on their own experiences of suffering from and surviving depression, their extensive research, personal reflection, and years of clinical and pastoral practice to offer a resource that fully integrates the medical, emotional, spiritual, and psychological understandings of depression. Treating depression is not a choice between medication, psychotherapy, counseling, or faithful prayer. Recovering from this devastating disease is a collaborative process between patient, physician, psychologist, spiritual director, family, and friends. A person suffering from depression must have courage, must have patience, and must have help. *What Your Doctor and Your Pastor Want You to Know about Depression* will help you find the help you need, not just to treat depression, but to treat the person with depression.

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