



Cozinha de Cabo Verde: A Cape Verdean - American Cookbook

Thomas D. Lopes

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This is a Cape Verdean cookbook published in both English and Portuguese. The original cookbook was published in July of 1990 and was dedicated to all the Cape Verdean merchant marine cooks both living and deceased. It has been through the superb cooking of our Merchant Seaman that the Cape Verdean Cuisine has become well know and enjoyed all over the world .

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